

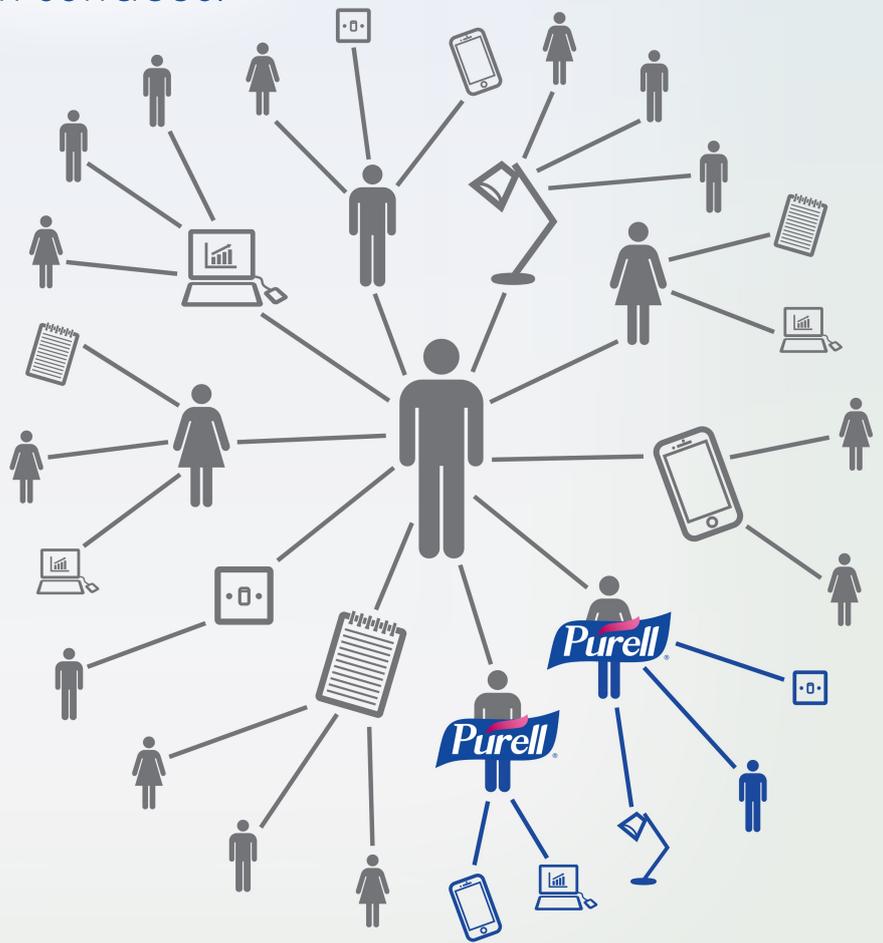


ARE YOU SPREADING GERMS?

Your unwashed hands can transfer some viruses to up to seven surfaces.¹

Fourteen people can be contaminated by touching the same object one after the other.²

Sanitising your hands can help to break the chain of infection.



SANITISE YOUR HANDS

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1. WHO Guidelines on Hand Hygiene in Health Care: First Global Patient Safety Challenge Clean Care Is Safer Care. Geneva: World Health Organization; 2009. 7, Transmission of pathogens by hands. <https://www.ncbi.nlm.nih.gov/books/NBK144014/>
2. Barker J, Vipond IB, Bloomfield SF. J Hosp Infect 2004, 58:42-49